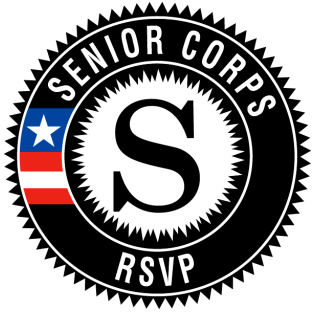


A 55 and BETTER Volunteer Program



RSVP

Lead With Experience

Serving Barton and Pawnee Counties
in Central Kansas



Volunteers
IN
Action

"PS...I Love You!"



We would like to show
our volunteers how much
we love them.

ALL current and active
volunteers are
encouraged to attend.

Refreshments
Thank you gifts

Volunteers
IN
Action

Great Bend Recreation Commission
Burnside Room
1214 Stone St., Great Bend, KS

AARP TAX AID

Our volunteers will work one day a week February thru March.
Appointments are held at the Barton County Courthouse.

QUALIFICATIONS FOR FREE TAX HELP:

Resident of Barton or Pawnee County
Only 1 or two W2s No out of state taxes.

Call now to reserve a spot.
620-792-1614



RSVP

Serving Barton and Pawnee Counties

A program sponsored by



245 NE 30 Rd
Great Bend, KS 67530
620-792-2701



Volunteers In Action / RSVP Staff

Director
Linn Hogg

Administrative Assistant /
Medical Transportation Coordinator
Victoria Garza-Reyes

Volunteers In Action
Volunteer Coordinator
Kandi Wolf

MOW Coordinator
Yvonne Strecker

Located at:
1025 Main, #D114
Great Bend, KS 67530
620-792-1614

Office Hours:
Monday thru Friday 8-5
Closed on School Holidays

RSVP THRIFT STORE

158 S. MAIN ST. • HOISINGTON, KS

We have a home for your old presents.

After all of the Holiday Gift Giving is it time to clean out your cupboards and closets? Do you need to get organized by trimming down the clutter?

The RSVP Thrift Store will take all your cups, bowls, clothes, decorations, knick-knacks, small appliances and more. No furniture or large appliances.

They will accept donations during business hours.
Monday thru Friday, 11-4 or on Saturday 10-1

SHARE YOUR NEWS WITH RSVP

**Having an Event? Is your Site Spectacular?
Growing? Networking? Making a Difference?**

Whatever is going on let us know, so that we can share with our growing community of volunteers. Increase participation and inspire others with the news at your location. Something new for February, an EBLAST CALENDAR OF EVENTS will be going out to all sites and volunteers with updated email. DEADLINE IS January 29. Take a minute and email Linn with your news at hoggl@bartonccc.edu! Copy deadlines for the newsletter are listed in the center column. Send us something new for March.

Thank you for turning in your hours

Did you know that whenever you volunteer an hour in service you continue to not only support your community but the RSVP Program. Your reported hours keep our grant funding active, which in turn helps us to provide Medical Transportation rides and Meals On Wheels services. It also helps keep blood drives going, food pantries open, hospitals more welcoming, patients hap-

pier, veterans helped and many other non-profit agencies doors open. We know that there are many people who forget to turn in hours... are you one of those?

You can turn in hours by filling out the forms in this newsletter. You can go online to our website at rsvp.bartonccc.edu, call our office or stop by.

NEW VOLUNTEERS

Rhonda Baird	Merle Klima
Ruby Coleman	Karen Lindberg
John Cross	Amy Mellor
Betty Curtin	Beth Paden
Robert Eveleigh	Don Paden
Anita Feldt	David Thompson
Georgiana Yasko	Tammy Whetstone
Ruth Herrman	
Pat Horton	
Patricia Jones	



From the Director's Desk

My intention is to stop making resolutions

I confess that for more than 35 years I've been making New Year's Resolutions. Every year I ponder what I want for the upcoming year and swear to commit to my resolution. Who am I fooling? Without fail, within a month I don't keep the promise to myself and/or I completely forget what my resolution is. The fact that they were meant to be broken is almost a cliché.



Linn Hogg,
VIA/RSVP Director

So maybe we all need a new strategy. How about we ditch the idea of setting a resolution, and instead set intentions.

For some reason, this approach may seem less daunting.

When setting intentions, you're trying to direct your thoughts in a particular way. Intentions don't have to be set for the year, but can be set on a daily basis,

and are best made first thing in the morning.

Setting intentions can also be a way to navigate through difficult times. They're a way to break down the task of handling difficult situations, encounters, or events that might arise in your life.

Setting an intention is one way to begin to think about changing a pattern of behavior, such as an addiction or some other stress response.

I choose to not snack this week. I choose to have an open mind today. I choose to eat breakfast this morning.

These can be goals that are short term with a quick return of success. The pay back is a great feeling of self-worth or a chance to give yourself a pat on the back.

For those of you with great strength and will power, go for the year-long resolution. As for me, it is just one day at a time.

Veterans continue their service as they volunteer in community

American Legion members joined RSVP in force last year as 22 new members became volunteers.

We are very excited to see the amount of volunteer hours these members put in each year for Military Moms, Fort Dodge Christmas packages, Quilts of Valor, fundraisers, veteran services and community projects.



Statistics from the Department of Veterans Affairs show that over 2000 veterans reside in Barton County. This is almost 8% of the population. This year the Corporation for National and Community Service, the parent organization for RSVP, created a Veteran Volunteer recognition program. We were able to recognize all of our RSVP Veterans in a special pinning ceremony for Veteran's Day.

Thirteen veterans were recognized that day and four others that could not attend.

We are honored to recognize these veterans for their dedicated service to our country and their continued dedication to the people in our community.

We look forward to a continued partnership between RSVP and the veterans in our community.



RSVP Advisory Council members and RSVP volunteers helped to honor thirteen veterans in the first ever National Corp Veterans Ceremony.



RSVP Time Sheet

Print Name: _____ Month of Service _____

Your hours are important to us. Thanks for all you do!

The following partners report your volunteer hours so you don't need to list them below:

**Elementary Schools
American Red Cross Bloodmobile
Weekday Meals on Wheels
Knit/Crochet (RSVP)**

**RSVP Transportation
Historical Village
St Rose Amb Sur Center
Hoisington Thrift Store**

**Food Banks
Senior Centers
Shafer Gallery**



What did you do?	Where did you work?	Hours Served:
Churches: quilting, funerals, board meetings, all other volunteer jobs.		
Veterans and military family projects: American Legion, VFW, Military Moms, etc. (please be specific)		
Nursing Homes, Assisted Living Communities (please indicate location name)		
Community Organizations: fund-raising, office work, meetings, bookkeeping, board meetings, advisory councils, etc.		
One-on-One Assistance: errands, handyman chores, yard work, transportation, friendly visiting, cooking, etc.		
Education Projects: after-school programs, early childhood, preschools, etc. (please specify the location and project name)		
Nutrition Programs: commodities, Prairie Land Foods, etc.		
Environmental: Recycling, etc		
Health Projects: other hospitals, clinics, etc. (please be specific)		
Other: Please be specific		



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Happy Birthday



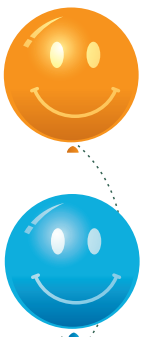
Donna L. Bates
Donna Krug
Patricia N. Teel
Janet Turner
Joann George
Violet Black
Jeannie Munsch
Normalee K. Isern
Judy Foster
Mary Ann June
Janet R. Smith
Dortha Keenan
Ruth E. Lowry
Monica Bowers
Jack June
Lylas Schultz
Shirley McGinnis
Rosalie Leiker
Virginia Tinkler
Brenda Krueger
Karen Neuforth
Carolee Nolte
Donna D Taggart
Darlene Mathers
Julie Bugner-Smith
Sandra Dayton
James Sickbert
Merle L. Evers
Alice Walter
Jean Harrison
Marilyn Dougherty
Beatina (Tina) Weber
Herman(Butch) Schneweis
Wilda Merten
Ruth Brack

Nancy L. Sundahl
Earl Fox
Imogene Christiansen
Kristi Lytle
Gerald Dinkel
Ruth Herman
Kenneth A. Lebbin
Melanie Schneweis
Anna Faye Hensley
Emily A Zorn
Karen Naylor
Connie Witt
Joan Rziha
Allan Walker
Edgar Wetzel
Trella Berscheidt
Lorrayne Eveleigh
Patricia Halbower
Maybelline Karst
Mickey Carpenter
Marvin Baldwin
La Rea Cravens
Tana Hanson
Mak Brack
Colleen Renk
Karen Welsh
Donna Donovan
Robert Essmiller
Sr. Jean Goering
Bernice Deines
Pat E. Oswald
Vivian Evers
Luane French
Joyce Haberman
Jennifer Munsch

Mary Turley
Kathy D. McGinnis
Alma J. Radenberg
Nancy Soeken
Karla Essmiller
Robert Ingersoll
Richard Preston
Betty Root



January
February
March
Birthdays





Volunteer Opportunities

Senior Center

The Great Bend Senior Center is looking for one or two volunteers to help during the noon hour. The volunteer would help pour coffee or tea, greet guests and help with check-in once in awhile. Volunteers do not have to be there every day of the week. Contact Rozy at 620-792-3906.

Everyone Able to Read by Sharing (EARS)

Good reading skills are important for a successful school career and a successful life. Volunteers in this program work in elementary schools listening to children read. Volunteers provide that extra attention and encouragement that can really make a difference in a child's life. If you would like to make a difference in the life of a child contact Lorraine Eveleigh at 793-9508.

RSVP Medical Transportation

Volunteers provide transportation to Barton County residents needing help getting to necessary medical appointments. Volunteers drive their own vehicle and RSVP reimburses 27 cents per mile. RSVP has a van available to help transport passengers that require a wheelchair. Volunteers can choose long distance or local trips with the option to drive the van when necessary. Volunteers have full discretion to accept a trip or not. Call Victoria for more information at 620-792-1614.

RSVP Thrift Store

The Thrift Store in Hoisington is a large fundraising opportunity for VIA/RSVP. The store is operated by a dedicated group of volunteers. It is open Monday-Friday from 11 a.m.-4 p.m. It is also open on Saturday from 9 a.m.-2 p.m. The Thrift Store is always seeking volunteers to assist in the day-to-day operations. Please contact Selma Webb to obtain more information at 620-653-4118.

RSVP: Knit or Crochet

Calling all persons that love to knit or crochet! Each year RSVP delivers lap robes to each assisted living facility and nursing home in Barton County, plus our veterans in the area and at Fort Dodge. We have lots of beautiful yarn for you to choose from to make these simple lap robes. Come by the office and pick your colors today.

Talk Listen Care (TLC)

RSVP is seeking volunteers to make Friendly Phone Calls to homebound older adults who are socially isolated and lacking a support system. Calls are made once a week on a mutually agreed upon day and time. Calls are limited to 15 minutes. These calls help verify the well-being of an elderly shut-in and helps to reaffirm that someone does care. This is a service that is really needed in the area, but it takes so little time and effort. Your call may be the only human contact they have all week. Please call our office at 620-792-16914 to sign up.

RSVP Office help

RSVP is seeking volunteers to work in the office on Wednesday or Friday. Traditionally volunteers work the afternoon shift answering telephones, simple office tasks and other jobs as needed. Help us make our office a fun place to be and visit. Call 620-792-1614 and ask for Linn.

American Red Cross Bloodmobile

Bloodmobile volunteers help with checking in donors, appointment making, escorting and food server. These volunteers are very vital to the process of the bloodmobiles. The Red Cross only brings the necessary staff to do the blood collection. This keeps the cost per unit of blood down which is very important to the hospitals who need it and in the long run to the consumer. Call 620-792-1614 for more information.

Volunteers in Action/RSVP
Sponsored by Barton Community College
1025 Main, D114
Great Bend, KS 67530

NON PROFIT ORG.
US POSTAGE
PAID
PERMIT NO. 11
GREAT BEND, KS
67530

ADDRESS SERVICE REQUESTED

 WINTER 2016

Do you like to drive?
Do you like to help others?
THEN TAKE ACTION!

**VOLUNTEER
NOW**



As a RSVP Medical Transport Driver:

- You will drive your personal vehicle.
- You will receive free training.
- You will be compensated for your gasoline.
- You will have flexible hours.
- **You will make a difference!**



Call today for full information and
a Volunteer Driver application at (620)792-1614
or stop by 1025 Main, #D114 in Great Bend, KS