

# Exercise Science Emphasis of Study

Associate of Science - 60 Credit Hours

This map provides a guide to completing a certificate program or an associate degree. Completion is subject to pre-requisite requirements and availability of the program/courses by location.

TERM 1		CREDITS	MILESTONE	SGE	COMPLETED
PHED 1246	First Aid Emergency Care	3		070	
PHED 1308	Introduction to Exercise Science	3	✓		
	Communications Requirement	3		020	
	Natural & Physical Science Requirement	5		040	
TOTAL CREDITS		14			

TERM 2		CREDITS	MILESTONE	SGE	COMPLETED
ENGL 1204 or ENGL 1209	English Composition I* or English Composition I with Review*	3		010	
PHED 1253	Care & Prevention of Athletic Injury	3		070	
	Social & Behavioral Sciences Requirement	3		050	
	Arts & Humanities Requirement	3		060	
	Barton Designated Requirement	3		070	
TOTAL CREDITS		15			



**Milestone Courses** should be taken in the term shown. This will help you stay on track and graduate on time.



#### Make your summer matter.

Summer is a great time to take some courses and get ahead or stay on track.



### Systemwide General Education (SGE) Key

	sge.bartonccc.edu	
070	Barton Designated	6 hours
060	Arts & Humanities	6 hours
050	Social & Behavioral Sciences	6 hours
040	Natural & Physical Science	4-5 hours
030	Math & Statistics	3 hours
020	Communications	3 hours
010	English	6 hours

### **General Advising Notes**

- \* Subject to placement or pre-requisite requirements.
- To meet the criteria for the Social & Behavioral Sciences area, there must be at least two courses from two different subject areas. The subject areas include ANTH, ECON, GEOG, POLS, PSYC, and SOCI.
- To meet the criteria for the Arts & Humanities area, there must be at least two courses from two different subject areas. The subject areas include ARTS, COMM, DANC, ENGL, HIST, LITR, LANG, MUSI, PHIL, RELI, and THEA.

Student Name

ID#



## Exercise Science Emphasis of Study

Associate of Science - 60 Credit Hours

This map provides a guide to completing a certificate program or an associate degree. Completion is subject to pre-requisite requirements and availability of the program/courses by location.

TERM 3		CREDITS	MILESTONE	SGE	COMPLETED
ENGL 1206	English Composition II*	3		010	
HLTH 1248	Personal & Community Health	3		070	
	Arts & Humanities Requirement	3		060	
	Suggested Emphasis Elective	3			
	Elective	3			
TOTAL CREDITS		15			

TERM 4		CREDITS	MILESTONE	SGE	COMPLETED
	Math & Statistics Requirement*	3		030	
	Social & Behavioral Sciences Requirement	3		050	
	Suggested Emphasis Elective	3			
	Suggested Emphasis Elective	3			
	Elective	4			
TOTAL CREDITS		16			

### **Suggested Emphasis Electives**

- HLTH 1247 Lifetime Fitness & Wellness (2)
- HOME 1501 Basic Nutrition (3)
- PHED 1242 Intro to Health-PE-Recreation (3)
- PHED 1244 Elementary Health & Physical Education (3)
- PHED 1326 Concepts of Personal Training (3)

See full list of courses in courses.bartonccc.edu

### **Advising Notes**

- \* Subject to pre-requisite requirements prereq.bartonccc.edu
- Recommend LIFE 1408 for the Natural & Physical Science Requirement.
- Recommend EDUC 1103 for the Barton Designated Requirement.
- Recommend LIFE 1422 for an elective.

Student Name \_\_\_\_\_ ID# \_\_\_\_\_