

Exercise Science

Emphasis of Study



Associate in Science (Total Credit Hours – 64)

FOUNDATION STUDIES			
Written Communications			
<input type="checkbox"/>	ENGL 1204	English Composition I	3
<input type="checkbox"/>	ENGL 1206	English Composition II	3
Oral Communications			
<input type="checkbox"/>	COMM 1200	Interpersonal Communication OR	3
<input type="checkbox"/>	COMM 1230	Public Speaking	3
College-level Mathematics			
<input type="checkbox"/>	MATH	College-level Mathematics	3
Computer Literacy			
<input type="checkbox"/>	BSTC 1036	Computer Concepts & Apps OR equivalent	3
TOTAL			15

HUMANITIES			
6 credits from 2 of the 3 subject areas See General Education List and Advisor for Transfer Information			
Fine Arts			
<input type="checkbox"/>			
Language Arts			
<input type="checkbox"/>			
Philosophy / History / Religion			
<input type="checkbox"/>			
TOTAL			6

SOCIAL and BEHAVIORAL SCIENCES			
6 credits from 2 of the 3 subject areas See General Education List and Advisor for Transfer Information			
Social Science			
<input type="checkbox"/>			
<input type="checkbox"/>			
Behavioral Science			
<input type="checkbox"/>			
<input type="checkbox"/>			
Economics / Political Science			
<input type="checkbox"/>			
<input type="checkbox"/>			
TOTAL			6

NATURAL SCIENCE and MATHEMATICS			
At least one 5-credit lab science course See General Education List and Advisor for Transfer Information			
<input type="checkbox"/>			
<input type="checkbox"/>			
TOTAL			10

PHYSICAL EDUCATION, HEALTH, and PERFORMANCE			
Only one credit from Performance course allowed			
<input type="checkbox"/>			
<input type="checkbox"/>			
TOTAL			2

REQUIREMENTS for EMPHASIS:

EMPHASIS REQUIREMENTS			
<input type="checkbox"/>	HLTH 1248	Personal and Community Health	3
<input type="checkbox"/>	PHED 1246	First Aid and Emergency Care	3
<input type="checkbox"/>	PHED 1253	Care and Prevention of Athletic Injuries	3
<input type="checkbox"/>	PHED 1270	Introduction to Exercise Science	3
TOTAL			12

EMPHASIS ELECTIVES			
		See Advisor for recommended coursework	
<input type="checkbox"/>	PHED 1242	Introduction to Health, Physical Education and Recreation	3
<input type="checkbox"/>	PHED 1326	Concepts of Personal Training	3
<input type="checkbox"/>	HOME 1501	Basic Nutrition	3
<input type="checkbox"/>		Additional Humanities Course	
<input type="checkbox"/>		Additional Social & Behavioral Science Course	
<input type="checkbox"/>		Additional Natural Science/Mathematics Course	
TOTAL			13

Review Date: 10/18
Effective Date: 10/13

Student Name: _____ ID#: _____
www.bartonccc.edu

Placement Scores: ___ English ___ Math ___ Reading
1-800-748-7594

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