

# Nutrition and Health

## Emphasis of Study

### Associate of Science – 60 Credit Hours

<b>Zone 1: Foundation Courses</b>			
<b>Sector A: Written and Oral Communication</b>			
<input type="checkbox"/>	ENGL 1204 or ENGL 1209	English Composition I or English Composition I with Review	3
<input type="checkbox"/>	ENGL 1206	English Composition II	3
<input type="checkbox"/>	COMM 1230	Public Speaking	3
<b>Sector B: Mathematical Reasoning</b> <i>See list of approved courses on page 3.</i>			
<input type="checkbox"/>	MATH 1828	College Algebra	3
<b>Sector C: Technological Skills</b> <i>See list of approved courses on page 3.</i>			
<input type="checkbox"/>	BSTC 1036	Computer Concepts & Applications OR Equivalent	3
<b>Sector D: Global Issues and Diversity*</b> <i>See list of approved courses on page 3.</i>			
<input type="checkbox"/>			3
<b>Total</b>			<b>18</b>

\*A course in Zone 1, Sector D Global Issues and Diversity could apply and meet the requirement in the appropriate Sector in Zone 2. It is possible to achieve the requirements of Zone 1 with 15 credit hours.

<b>Zone 2: Introductory Courses</b> <i>Six classes, at least one from each area, minimum of 18 and maximum of 24 credit hours.</i>			
<b>Sector A: Arts and Humanities</b> <i>See list of approved courses on page 4.</i>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<b>Sector B: Social Sciences</b> <i>See list of approved courses on page 6.</i>			
<input type="checkbox"/>	SOC 1100 PSYC 1000	Introduction to Sociology OR General Psychology	3
<input type="checkbox"/>	ECON 1610	Principles of Macroeconomics	3
<input type="checkbox"/>			
<b>Sector C: Mathematics and Pure Science</b> <i>One lab science required. See list of approved courses on page 7.</i>			
<input type="checkbox"/>	CHEM 1806	Chemistry I	5
<input type="checkbox"/>	Life 1402	Principles of Biology	5
<input type="checkbox"/>			
<b>Sector D: Personal Well-Being</b> <i>Restricted to two credits in PHED or HLTH. See list of approved courses on page 8.</i>			
<input type="checkbox"/>	HOME 1501	Basic Nutrition	3
<input type="checkbox"/>			
<input type="checkbox"/>			
<b>Total</b>			<b>19</b>

Student Name: \_\_\_\_\_ ID#: \_\_\_\_\_ Placement Scores: \_\_\_ English \_\_\_ Math \_\_\_ Reading



