



# JAYHAWK Classic

Friday, January 25<sup>th</sup> 2013

## TRACK EVENTS

## FINAL

## MEET SCHEDULE

| TRACK EVENTS | FINAL    | MEET SCHEDULE           |
|--------------|----------|-------------------------|
| Session 1    | 10:00 AM | Pentathlon 60 M Hurdles |
|              | 10:20 AM | 60 M Hurdles (P) W      |
|              | 10:40 AM | 60 M Hurdles (P) M      |
|              | 11:00 AM | 60 M Dash (P) W         |
|              | 11:30 AM | 60 M Dash (P) M         |
|              | 12:05 PM | Mile Run W              |
|              | 12:20 PM | Mile Run M              |
|              | 12:35 PM | 600 Yard Run W          |
|              | 12:50 PM | 600 Yard Run M          |
|              | 1:10 PM  | 400 M Dash W            |
|              | 1:30 PM  | 400 M Dash M            |
|              | 2:10 PM  | 1000 M Run W            |
|              | 2:15 PM  | 1000 M Run M            |
|              | 2:25 PM  | 800 M Run W             |
|              | 2:40 PM  | 800 M Run M             |
|              | 2:55 PM  | 200 M Dash W            |
|              | 3:30 PM  | 200 M Dash M            |
|              | 4:05 PM  | 3000 M Run W            |
|              | 4:35 PM  | 3000 M Run M            |
|              | 5:00PM   | End Session             |

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Pentathlon 800 will be run 30' after the completion of the Long Jump

|           |          |                      |   |
|-----------|----------|----------------------|---|
| Session 2 | 5:30 PM  | Mile Run             | W |
|           | 5:38 PM  | Mile Run             | M |
|           | 5:46 PM  | 600 Yard Run         | W |
|           | 5:51 PM  | 600 Yard Run         | M |
|           | 5:56 PM  | 400 M Dash           | W |
|           | 6:01 PM  | 400 M Dash           | M |
|           | 6:07 PM  | 1000 M Run           | W |
|           | 6:12 PM  | 1000 M Run           | M |
|           | 6:20 PM  | 60 M Hurdles (Final) | W |
|           | 6:30 PM  | 60 M Hurdles (Final) | M |
|           | 6:38 PM  | 60 M Dash (Final)    | W |
|           | 6:43 PM  | 60 M Dash (Final)    | M |
|           | 6:48 PM  | 800 M Run            | W |
|           | 6:53 PM  | 800 M Run            | M |
|           | 7:00 PM  | 200 M Dash           | W |
|           | 7:06 PM  | 200 M Dash           | M |
|           | 7:12 PM  | 3000 M Run           | W |
|           | 7:27 PM  | 3000 M Run           | M |
|           | 7:57 PM  | DMR                  | W |
|           | 8:27 PM  | DMR                  | M |
|           | 8:57 PM  | 4 X 400 M Relay      | W |
|           | 9:22 PM  | 4 X 400 M Relay      | M |
|           | 10:12 PM | End of Session       |   |

## FIELD EVENTS

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|          |                      |
|----------|----------------------|
| 9:00 AM  | Men's 35# Weight     |
| 10:00 AM | Men's Long Jump      |
| 10:00 AM | Women's Long Jump    |
| 10:00 AM | Women's Pole Vault   |
| 10:40 AM | Pentathlon High Jump |
| 11:30 AM | Women's High Jump    |
| 11:50 AM | Pentathlon Shot Put  |
| 1:00 PM  | Pentathlon Long Jump |
| 1:00 PM  | Women's #20lb Weight |
| 2:00 PM  | Men's Triple Jump    |
| 2:30 PM  | Women's Triple Jump  |
| 3:00 PM  | Men's Pole Vault     |
| 3:00 PM  | Men's High Jump      |
| 4:00 PM  | Men's Shot Put       |
| 7:00 PM  | Women's Shot Put     |

SESSION 1 will run the slower sections except for the 60m and 60m hurdles which will be run as qualifying heats.

SESSION 2 will run one fast section in each event except for the 400m and 200m which will run two heats.

3000 meters top 12 times  
Mile top 8 times  
1000 meters top 8 times  
800 meters top 8 times  
600 yards top 6 times  
400 meters top 8 times  
200 meters top 8 times  
60 meters 8 advance from prelims  
60 meter hurdles 8 advance from prelims  
DMR one heat  
4 X 400 all teams/multiple heats

**\*\* EXCEPT FOR THE 60 & 60H, ALL SESSION 1 HEATS WILL BE RUN FAST TO SLOW**