

2013 Region VI/KJCCC Indoor Track Championships

Kansas University

Schedule of Events

Wednesday 2-13-13 – Highland Community College

Women Pentathlon **START TIME 2:30PM**
55m H, HJ, SP, LJ, 800m

1st day of the Men's Heptathlon
55m, SP, LJ, HJ

Thursday 2-14-13 – Highland Community College

2nd day of the Men's Heptathlon **START TIME 10AM**
55mh, PV, 1000m run

Friday 2-15-13 – Kansas University

Field Events

9:15 AM Shot Put – Women
Long Jump - Women

10:15 AM Pole Vault- Women

11:15 AM High Jump- Men
Shot Put – Men
Long Jump – Men

1:15 PM Pole Vault – Men

Triple Jump - Women
Weight Throw- Women
High Jump – Women

Following Previous Events

Triple Jump – Men
Weight Throw – Men

Running Events (Rolling Schedule.....Please pay close attention to the order)

<u>9:15AM</u>	Final	5000m	W	M
	Final	4x800m	W	M
	Prelim	60m	M	W
	Prelim	60mH	M	W

1:15PM (Rolling Schedule...Women than Men)

Final	DMR	W	M
Final	60m H	W	M
Final	60m	W	M
Final	Mile	W	M
Final	600m	W	M
Final	400m	W	M
Final	800m	W	M
Final	200m	W	M
Final	3000m	W	M
Final	1000m	W	M
Final	4x400m	W	M