

# Certified Safety and Health Official (CSHO)

The Certified Safety and Health Official certificate guides you through this growing maze of increasingly important safety regulations by helping you develop your staff's expertise in safety and health strategies. Participants in the Certified Safety and Health Official certificate program can complete an OSHA certificate in either construction or general industry.

## How You Will Benefit

- Develop the skills and knowledge for developing and delivering health and safety programs
- Develop your staff's expertise in health and safety strategies
- Gain knowledge of changing regulations, guidance documents and regulatory interpretations
- Earn appropriate credentials to teach and lead others
- Demonstrate competency when dealing with regulatory agencies

Participants in the Certified Safety and Health Official Professional Certificate can customize their program to reflect their own areas of interest by pursuing the Construction or General industry CSHO certificate and through a selection core required courses and electives.

## Choose from Construction or General Industry CSHO Tracks

### **CSHO General Industry Certificate**

#### **Required Courses**

OSHA 511 Standards for General Industry  
OSHA 2045 Machinery and Machine Safeguarding  
OSHA 2225 Respiratory Protection  
OSHA 2255 Principles of Ergonomics  
OSHA 2264 Permit Required Confined Space  
OSHA 3095 Electrical Standards

#### **Electives -pick 2**

OSHA 501 Trainer Course for General Industry  
OSHA 510 Standards for Construction Industry  
OSHA 521 Introduction to Industrial Hygiene  
OSHA 2015 Hazardous Materials  
OSHA 3015 Excavation, Trenching & Shoring  
OSHA 3115 Fall Arrest System

### **CSHO Construction**

#### **Required Courses**

OSHA 510 Standards for Construction Industry  
OSHA 521 Introduction to Industrial Hygiene  
OSHA 2225 Respiratory Protection  
OSHA 3015 Excavation, Trenching & Shoring  
OSHA 3115 Fall Arrest System  
OSHA 3095 Electrical Standards

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