



# Specialist in Safety and Health (SSH)

This is a fundamental certification program requiring four (4) OSHA courses. This certificate requires no experience in safety and health in order to complete. Completion of the four courses will provide you with practical hands-on experience to help you to make an immediate impact at your company. You will become aware of laws and regulations that affect your industry and learn how to communicate safety and health issues to management, helping to reduce workplace injuries and illnesses.

These courses will help you to take what you have learned in class and implement an effective safety program at your workplace.

## Who Should Take the Courses?

- Individuals in industry who have an interest in preventing workplace injuries and illnesses.
- Individuals just starting out in the safety field or who have an interest in finding a position in safety.
- Safety and Environmental Health professionals, Risk Managers, Human Resource managers, Facility managers, company owners, executives, safety committee members, and supervisors.
- Federal, state and municipality staff with safety and health responsibilities.

*There is a certification cost with no time limit in which the courses must be completed.*

## GENERAL CERTIFICATE

### Required

OSHA 511 Standards of General Industry

### Electives (pick 3)

OSHA 521 Introduction to Industrial Hygiene  
OSHA 2015 Hazardous Materials  
OSHA 2045 Machinery and Machine Safeguarding  
OSHA 2225 Respiratory Protection  
OSHA 2255 Principles of Ergonomics  
OSHA 2264 Permit Required Confined Space  
OSHA 3095 Electrical Standards  
OSHA 3115 Fall Protection  
OSHA 501 Trainer Course for General Industry  
OSHA 510 Standards for Construction Industry

## CONSTRUCTION CERTIFICATE

### Required

OSHA 510 Standards of Construction Industry

### Electives (pick 3)

OSHA 2015 Hazardous Materials  
OSHA 2225 Respiratory Protection  
OSHA 2264 Permit Required Confined Space  
OSHA 3095 Electrical Standards  
OSHA 3015 Excavation, Trenching, & Shoring  
OSHA 3115 Fall Protection  
OSHA 501 Trainer Course for Construction Industry  
OSHA 511 Standards for General Industry

Revised July 2018

G Drive/Staff/JCShared/OSHA FORMS-TEMPLATES