STUDENT’S WITH POSSIBLE OCCUPATIONAL EXPOSURE----
RECOMMENDED GUIDELINES FOR EVALUATION AND
FOLLOW-UP

- Post-exposure evaluation and follow-up following an exposure incident will be
discussed with and encouraged for any student who encounters an exposure
incident while performing duties in his/her classroom/lab/clinic settings.
All medical evaluations and procedures are at the student’s expense. Medical
Insurance is highly recommended for any students taking classes and/or
programs that place them in a high occupational risk environment. Some
programs may mandate medical insurance as part of the curriculum.
Students not having a medical doctor will be assisted in getting medical attention.
Students in a clinical situation will follow the protocols of the facility and obtain
evaluation there.

A. Post-exposure Evaluation and Follow-Up

- In the event of a possible exposure incident with blood or OPIM (Other
Potentially Infectious Material), the student is to immediately wash any skin with
soap and water and flush mucous membranes with water.
- The student will immediately report the event to his/her instructor present or
his/her proctor.
- The student should immediately (preferably within 1 hour but no later than 24
hours) seek medical attention. An exposure incident requires immediate
attention as the effectiveness of the prophylaxis depends on timely delivery. It is
imperative to begin treatment within 24 hours of exposure.
- Follow-up procedure should include a confidential medical evaluation with
documentation including the circumstances of exposure, identifying and testing
the source individual if feasible, testing the exposed student’s blood with consent,
post-exposure prophylaxis, counseling and evaluation of reported illness.
- Counseling should be provided prior to tests being run. It will include precautions
to take during the period following exposure, information on potential diseases
and symptoms, and being informed to report any related illnesses to the
Healthcare Provider.
- To facilitate the evaluation, the Healthcare provider must be given specific
information including circumstances of exposure, route of exposure, the student’s
Hepatitis B vaccine status, other relevant medical information, and if indicated and
possible the information on the source person. A written opinion within 15 days of
the completion of the evaluation will be provided by the healthcare provider to the
student.
- The healthcare professional’s written opinion for HBV vaccination should be
limited to whether HBV is indicated and/or has been received by the
student.
- The written opinion for post-exposure follow-up should include information to the
student of the results of the evaluation and any medical condition resulting
from the exposure which requires further evaluation or treatment.
- Tests for the student should include but may not be limited to HBV, HCV and
HIV.
- The blood of the source individual should be tested for HIV, HCV and HBV only
after consent is given for the testing and release of information is obtained. If this
individual is another student he/she will be responsible for his/her own bills.
- All findings and diagnosis will remain confidential.

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