Counseling

Professional counseling is available to help students with personal issues or academic concerns that would ultimately affect the achievement of their academic goals. Counseling is also available to assist students in exploring choices, recognizing consequences, and assuming personal responsibility. Referral services are available for career counseling on campus, as well as for community resources. For counseling services, call (620) 792-9295.

If you are depressed and have had thoughts of suicide, or if you have a friend who has talked of suicide, please seek help immediately. Come, or bring the friend , to the campus counselor (792-9295) in Student Services located in the north end of the Learning Resource Center, to the local Center for Counseling (open 24-7 at 792-2544) or talk to someone you trust or to whom you feel connected. If you're not sure or want more information about depression, suicide, or other topics you want to know about but are hesitant to ask, check out:
www.Ulifeline.org which has drug information sites, a depression screening site, and links to local and national resources.

Go to our Barton Counseling website for many web links for mental health and addiction information and screening services, as well as many self-help website for test anxiety, study skills, stress and anxiety issues, adjustment to roommates and college life, and relationships.

Last Modified 2/22/11