Becoming A College Student – Success Begins with You

The transition from high school to college introduces new responsibilities:

What to Expect:

- Teachers won't push you to attend class or complete assignments
- You must seek out extra help in subject areas that are difficult for you
- You will be responsible to read and understand lots of material and to take notes during class
- If you have an excused absence you must contact the instructor and complete missed assignments
- Life may tempt you to focus on other things but it's up to you to manage your time wisely; balancing work, school, social life, etc.

Know What It Takes to Be Successful:

- Attend class regularly
- Complete all assignments by due date
- Participate fully in class
- Read the textbook and take notes over lectures
- Network with students in class
- Schedule regular study time outside class
- Participate in college life outside class
- Request help when needed
- Take responsibility and familiarize yourself with college policies and procedures

Know Where to Find Help:

- Your instructor
- Your academic advisor
- <u>Counseling services</u>
- A knowledgeable peer
- Class study groups
- The tutoring center
- <u>Student Support Services</u>

Suggestions for Managing Time:

- Have a reasonable plan involving realistic goals within a realistic time frame
- Set aside 2 to 3 hours per credit hour per week is the estimated time needed for studying each subject.
- Final exam review should begin several days, or weeks ahead, not the night before.
- Use calendars, reminders, and to-do lists to stay organized.

Proper time management prepares you for College Success!