

QUARANTINE GUIDELINES, RESTRICTIONS AND ACKNOWLEDGEMENT

Guidelines and restrictions are put in place to protect you as well as others.

In conjunction with the Barton County Health Department (BCHD), Kansas Department of Health and Environment (KDHE) and the Centers for Disease Control and Prevention (CDC), Barton Community College highly recommends the following guidelines and restrictions be followed for quarantine and isolation for SARS COV-2 (COVID-19).

“Quarantine” Definition: Those who have been in close contact (within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has COVID-19, unless you have been fully vaccinated.

“Isolation” Definition: Used to separate those infected with COVID-19 from those who are not infected.

Barton Community College has expectations that the following will be adhered to and completed:

Quarantine Guidelines and Restrictions:

- Stay home for 10 - 14 days after your last contact with an individual with known COVID-19.
- Self-monitor symptoms for 14 days after the last contact with an individual with known COVID-19.
- Watch for fever (100.4°F), cough, shortness of breath, or other symptoms of COVID-19.
- Immediately self-isolate if you become symptomatic. Contact Student Health Services and your healthcare provider.
- When outside, social distance and wear a face mask.
- Do not attend on campus/in-person classes – Notify your instructor of quarantine and provide the dates you will be quarantined.
- Notify Student Health Services of exposure and provide dates of quarantine.
- Do not attend athletic events including practices or games. Do not attend performing arts practices or events.

You may shorten your quarantine time by the following:

- Day 10 without testing if you remain without symptoms.
- Day 7 after receiving a negative COVID-19 test result.

You do not need to quarantine if you meet the following guidelines:

- Fully vaccinated and shows no symptoms of COVID-19.
- Had COVID-19 illness within the previous 3 months AND has recovered AND remains without symptoms of COVID-19.

**If you are fully vaccinated and become symptomatic, immediately self-isolate and contact Student Health Services and your healthcare provider. If you had COVID-19 and recovered in the past 3 months and start to display symptoms of COVID-19 again, immediately self-isolate and contact Student Health Services and your healthcare provider.*

Quarantined students who live on campus:

- Quarantine will take place in your assigned dorm room. Entrance into any other buildings or rooms is not permitted.
- Short walks/jogs around the campus perimeter are encouraged.

Boxed meals will be available at the loading dock behind the cafeteria. Pick-up times will be provided by Residence Life Staff when quarantine begins.

ISOLATION GUIDELINES, RESTRICTIONS AND ACKNOWLEDGEMENT

Isolation Guidelines and Restrictions:

- Stay home until it is safe for you to be around others – 10 days since symptoms first appeared AND 24 hours with no fever without the use of fever-reducing medications AND other symptoms of COVID-19 are improving (*loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation*).
- Monitor your symptoms. If you have an emergency warning sign (including trouble breathing), seek emergency medical care immediately.
- If you must be around others, social distance if possible and wear a mask.
- Do not attend on campus/in-person classes – Notify your instructor of isolation and provide the dates you will be isolated.
- Do not attend athletic events including practices or games. Do not attend performing arts practices or events.

Isolated students who live on campus:

- Isolation will take place in the Meadowlark dorms which have been specifically set aside for isolation purposes.
- Meals will be delivered.
- Only Barton personnel will be permitted in units/rooms to provide essential services.
- No visitors allowed from the outside.

Questions or Assistance on housing and/or meals:

- Mark Roger – 620-792-9855
- Erica Stacey – 620-617-5606

Medical Support:

- Student Health Services – 620-792-9233
- Jenni Bauer, RN – 620-786-0392

Medical Emergency – Call 911

Advise 911 Operator you are in a COVID-19 quarantine or isolation

Quarantine and Isolation Acknowledgement

It is my responsibility during this time period to abide by all housing rules and regulations:

<https://docs.bartonccc.edu/stuservices/student-life/student-housing/housing-handbook.pdg>

I have been provided an emailed copy of the Quarantine and Isolation Guidelines, Restrictions and Acknowledgement.

Failure to observe the above mentioned guidelines and restrictions can result in the immediate loss of this privilege and discharge from BCC housing complex.

I understand that violating isolation orders may result in a class c misdemeanor as described below per KSA 65-129.

65-129. Penalties for unlawful acts. Any person violating, refusing or neglecting to obey any of the rules and regulations adopted by the secretary of health and environment for the prevention, suppression and control of infectious or contagious diseases, or who leaves any isolation area of a hospital or other quarantined area without the consent of the local health officer having jurisdiction, or who evades or breaks quarantine or knowingly conceals a case of infectious or contagious disease shall be guilty of a class C misdemeanor.

History: L. 1917, ch. 205, § 2; R.S. 1923, 65-129; L. 1974, ch. 352, § 12; L. 1976, ch. 262, § 8; July 1.

I accept the above terms willingly and of my own accord

Signature _____ Date _____

Printed Name _____ email address _____