

HOPE WEEK SCHEDULE OF EVENTS

OCTOBER 21-25, 2019

Participate in events throughout the week to win free t-shirts, wristbands and raffle prizes!

Date	Event	Time	Location
Monday, October 21 st Wellness Day	Outdoor Yoga	2 Sessions to choose from: 7am AND 4:30 pm <i>BYO mat and/or flexible shoes</i>	Between LRC and Union Bad weather: Game Room in Union
	Drum Circle	Noon	Between LRC and Union Bad weather: Crow’s Nest in Union
Tuesday, October 22 nd Get Screened & Get Social Day	Mental Health Screening Handouts & Mix It Up Event Social Media Detox Challenge	11am-1pm	Lower level of Union
Wednesday, October 23 rd Express Yourself Day	“See You Tomorrow” Art Display and Color the Circle Sidewalk Chalk Activity	All Day	Student Union
Thursday, October 24 th Suicide Prevention Day	Presentation: Michele Hansen and Jim Yoder: A Conversation – True Stories of Suicide & How to Help Survivors in the Aftermath <i>Featuring a special suicide prevention tribute performance by the Barton Dance Team.</i>	6pm	Fine Arts Auditorium
Friday “See You Tomorrow” Day	Show your support by wearing your “See You Tomorrow” Gear!	All Day	Everywhere