Athletic Weight Room Schedule

Fall 2019

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30am-7:00am	Track	Open	Track	Open	Track
7:00am-8:00am		Wrestling		Wrestling	
8:00am-10:000am	Mens Soccer	Mens Soccer	Mens Soccer	Mens Soccer	Mens Soccer
10:00am-11:30am	Open	Open	Open	Open	Open
11:30am-1:00pm	Women's BB	Women's BB	Women's BB	Women's BB	Open
1:00pm-1:30pm	Baseball	Womens Soccer/Cheer	Baseball	Womens Soccer/Cheer	Baseball
1:30pm-2:00pm					
2:00pm-2:30pm	Softball	Volleyball/Men's BB	Wrestling	Volleyball/Men's BB	Wrestling
2:30pm-3:00pm		Voncyban/Men's BB		Voncyban/Men's BB	
3:00pm-3:30pm	Swimming	Volleyball/Men's BB	Swimming	Volleyball/Men's BB	Swimming
3:30pm-4:00pm	5 W.IIIIII 5	Volley data iviens BB	Σ δ	Volley dally Wiell's BB	5
4:00pm-5:00pm	Wrestling	Cross Country	Softball	Cross Country	Softball
5:00pm-5:30pm	M/W Golf	Men's/Women's Tennis	M/W Golf	Men's/Women's Tennis	
5:30pm-6:00pm	M/W Golf	Men's/Women's Tennis	M/W Golf	Baseball	Open
6:00pm-6:30pm	Track	Open	Track	Open	Track
6:30pm-7:30pm		Open		Open	
7:30pm-10:00pm	Open	Open	Open	Open	Open

Open = Open For All BCC Faculty/Staff/Students:

Saturday & Sunday: 2pm-10pm - Open for all BCC Faculty/Staff/Students