**BARTON COMMUNITY COLLEGE**

**COURSE SYLLABUS**

1. **GENERAL COURSE INFORMATION**

Course Number: NAID 1229

Course Title: Nursing Home Aide

Credit Hours: 5

Prerequisites: Meet college level reading assessment

Division/Discipline: Adult Healthcare, Workforce Training & Community Education

Course Description: This course is designed to enhance basic care-giving skills, human

understanding and attitude, all of which are necessary to render services to residents of an adult care

facility. Emphasis is placed on the normal needs of the geriatric resident and specific individual

physical, psychosocial, environmental and spiritual needs. Students completing this course with a

minimum final grade of “C” and a minimum of 90 contact hours will be allowed to sit for the Kansas

CNA State Certification Examination and receive a Barton certificate of completion.

1. **INSTRUCTOR INFORMATION**

Instructor:

Contact Information:

1. **COLLEGE POLICIES**

Students and faculty of Barton Community College constitute a special community engaged in the process of education. The College assumes that its students and faculty will demonstrate a code of personal honor that is based upon courtesy, integrity, common sense, and respect for others both within and outside the classroom.

Plagiarism on any academic endeavors at Barton Community College will not be tolerated. The student is responsible for learning the rules of, and avoiding instances of, intentional or unintentional plagiarism. Information about academic integrity is located in the Student Handbook.

The College reserves the right to suspend a student for conduct that is determined to be detrimental to the College educational endeavors as outlined in the College Catalog, Student Handbook, and College Policy & Procedure Manual. (Most up-to-date documents are available on the College webpage.)

Any student seeking an accommodation under the provisions of the Americans with Disability Act (ADA) is to notify Student Support Services via email at disabilityservices@bartonccc.edu.

1. **COURSE AS VIEWED IN THE TOTAL CURRICULUM**

This course is a 90 clock hour class in accordance with the guidelines established by the Kansas Department of Aging and Disability Services (KDADS). It is the basic course required for certification as a nurse aide in the state of Kansas. It is a prerequisite for students enrolling in a Medication Aide course or applying for the Barton Nursing program. Students must complete the course with a minimum final grade of “C” and a minimum of 90 contact hours in the course to be eligible to sit for the state certification exam.

1. **ASSESSMENT OF STUDENT LEARNING**

Barton Community College is committed to the assessment of student learning and to quality education. Assessment activities provide a means to develop an understanding of how students learn, what they know, and what they can do with their knowledge. Results from these various activities guide Barton, as a learning college, in finding ways to improve student learning.

Course Outcomes, Competencies, and Supplemental Competencies

1. Define the role and responsibilities of a Certified Nurse Aide (CNA).
2. Identify the major categories involved in fulfilling the CNA role.
3. Demonstrate professional attitudes and actions that will lead to successful job performance.
4. Demonstrate professional personal grooming habits.
5. Identify expectations that the resident or the resident’s family may have of the CNA.
6. Identify actions that are consistent with typical employee policies.
7. Explain ethical and legal concepts in health care.
8. Demonstrate the CNA’s responsibilities when communicating information about a resident.
9. Demonstrate how to record observations while correctly employing common medical abbreviations.
10. Explain the areas of a resident’s care plan, its purpose and the members of an interdisciplinary care team (including the CNA responsibility) that contribute to a care plan.
11. Interpret the Adult Healthcare Student Handbook.
12. Identify the influence of Omnibus Budget Reconciliation Act (OBRA) on typical goals of long-term care facilities.
13. Describe Health Insurance Portability and Accountability Act (HIPPA) and how confidentiality of the resident information is maintained.
14. Explain and demonstrate how Resident Rights are supported by the CNA.
15. Identify legal responsibilities related to negligence, neglect, abuse and exploitation.
16. Apply basic communication techniques.
17. Identify attitudes that promote communication.
18. Demonstrate opportunity for resident’s expression while raising awareness of potential barriers to communication.
19. Identify and demonstrate actions and responses that promote effective communication between CNA and resident, resident’s family and friends, other staff members.
20. Identify how to meet the resident’s needs for safety, mobility and infection control.
21. State reasons why infection prevention and control are important.
22. Indicate how pathogens are spread, potential sources, and conditions that affect growth of microorganisms.
23. Demonstrate standard precautions.
24. Identify and demonstrate safety precautions to prevent resident falls, burns, chemical and electrical injury, and oxygen use.
25. Explain emergency evacuation procedures.
26. Indicate the basic principles of mobility and the CNA’s role.
27. Demonstrate use of assistive devices and equipment utilized in the long term care setting.
28. Demonstrate the actions to assist the resident and family during admission, transfer and discharge.
29. Identify how to meet the resident’s needs for elimination, nutrition and fluid intake and the changes that are associated over the lifespan.
30. Explain adequate nutrition and fluid intake importance.
31. Name parts of the digestive system, their function and changes that may occur with aging.
32. Demonstrate and use guidelines that promote nutrition and safe eating.
33. Identify purposes for and characteristics of long-term care facility diets.
34. Distinguish methods to measure and record accurate intake and output.
35. Identify and demonstrate safe procedure of assisting residents in using commode, toilet, bedpan and urinal.
36. Apply typical actions by CNA when assisting resident with elimination.
37. Employ care for the resident who has been incontinent of urine or feces.
38. Describe the physical changes accompanying aging specifically in the areas of sexuality, dementia and problem behaviors.
39. Indicate normal changes in vision, hearing, cardiovascular system, respiratory system, endocrine system, musculoskeletal system, genitourinary system, nervous system, and integumentary systems in the geriatric population.
40. Describe the common diseases associated with each body system.
41. Describe the factors that affect resident’s sexual expression with the aging process and how the CNA can support and protect the resident(s).
42. Analyze responses that may be made to inappropriate sexual comments or actions from a resident.
43. List diseases that cause dementia.
44. Describe common behaviors associated with dementia and depression and illustrate approaches that can be used to support the resident.
45. Explain the CNA role in first aid in the adult care home.
46. Apply general guidelines in responding to an emergency requiring first aid.
47. Identify first aid measures that the CNA should take when a resident has an abrasion, laceration, skin tear, nosebleed, burn injury, fainting episode, falls, seizures, ingests a harmful substance, or experiences a medical emergency.
48. Obtain certification in Healthcare BLS (Basic Life Support) CPR (Cardiopulmonary Resuscitation).
49. Describe when and demonstrate how to provide rescue breathing for an adult, child, and infant.
50. Describe the care for conscious and unconscious choking for adult, child, and infant victims.
51. Describe the purpose and physiological function of CPR.
52. Explain and demonstrate how to give CPR to adults, children, and infants.
53. Demonstrate when and how to utilize an Automatic External Defibrillator (AED).
54. Identify how to meet the resident’s needs for comfort, rest and end-of-life care.
55. Demonstrate measures that may be employed to promote rest and sleep.
56. Discuss observation of pain, reporting and efforts to promote relief.
57. Identify tasks that are part of daily maintenance of a resident’s living space.
58. Identify states of grieving and how to support the resident and their family’s emotional needs.
59. Identify physical signs of approaching death and supportive care that is provided.
60. Describe common terminology associated with end-of-life care.
61. Identify how to meet a resident’s needs for personal care and grooming.
62. Demonstrate assisting a resident with general daily living practices such as oral hygiene, bathing, dressing, hair care, perineal care and nail care.
63. Indicate proper use of equipment and techniques for personal care.
64. Measure and record vital signs.
65. Identify acceptable ranges for vital signs.
66. Distinguish when to report abnormal measurements to nurse.
67. Demonstrate proper use of equipment and techniques for vital sign measurement.
68. **INSTRUCTOR’S EXPECTATION OF STUDENTS IN CLASS**
69. **TEXTBOOKS AND OTHER REQUIRED MATERIALS**
70. **REFERENCES**
71. **METHODS OF INSTRUCTION AND EVALUATION**
72. **ATTENDANCE REQUIREMENTS**
73. **COURSE OUTLINE**