**Barton Community College**

**Course Syllabus**

1. **GENERAL COURSE INFORMATION**

Course Number: NAID 1245

Course Title: Nutrition Assistant

Credit Hours: 1

Prerequisites: None

Division/Discipline: Adult Healthcare, Workforce Training & Community Education

Course Description: This course is designed to provide the student with basic knowledge of nutrition and hydration assistance of the resident in an adult care home. Following successful completion of the competency test, the student is approved to work as a paid nutrition assistant in the state of Kansas.

1. **INSTRUCTOR INFORMATION**

1. **COLLEGE POLICIES**

Students and faculty of Barton Community College constitute a special community engaged in the process of education. The College assumes that its students and faculty will demonstrate a code of personal honor that is based upon courtesy, integrity, common sense, and respect for others both within and outside the classroom.

Plagiarism on any academic endeavors at Barton Community College will not be tolerated. The student is responsible for learning the rules of, and avoiding instances of, intentional or unintentional plagiarism. Information about academic integrity is located in the Student Handbook.

The College reserves the right to suspend a student for conduct that is determined to be detrimental to the College educational endeavors as outlined in the College Catalog, Student Handbook, and College Policy & Procedure Manual. [Most up-to-date documents are available on the College webpage.]

Any student seeking an accommodation under the provisions of the Americans with Disability Act (ADA) is to notify Student Support Services via email at [disabilityservices@bartonccc.edu](mailto:disabilityservices@bartonccc.edu).

1. **COURSE AS VIEWED IN THE TOTAL CURRICULUM**

This course is a 1 credit hour course established in accordance with the Kansas Department for Aging and Disability Services (KDADS). Individuals are required to obtain a minimum of 12 clock hours to become a Nutrition Assistant in the state of Kansas.

1. **ASSESSMENT OF STUDENT LEARNING**

Barton Community College is committed to the assessment of student learning and to quality education. Assessment activities provide a means to develop an understanding of how students learn, what they know, and what they can do with their knowledge. Results from these various activities guide Barton, as a learning college, in finding ways to improve student learning.

Course Outcomes, Competencies, and Supplemental Competencies

1. Understand the nutrition assistant’s role and responsibilities while working in an adult care home.
2. Discuss the long-term care environment.
3. Explain the legal scope of practice of a nutrition assistant.
4. Discuss how to encourage person-centered care.
5. Summarize resident rights as they pertain to the dining experience.
6. Identify residents with special needs and adaptive equipment and techniques used to aide in eating and drinking.
7. Create a safe dining experience for residents.
8. State reasons why infection prevention and control are important in the dining setting.
9. Discuss proper methods of food handling and serving.
10. Demonstrate standard precautions.
11. Demonstrate proper hand hygiene.
12. Discuss how to respond to emergency situations such as aspiration, coughing, vomiting and burns.
13. Simulate the Heimlich maneuver.
14. Illustrate proper body positioning during meals.
15. Comprehend the fundamentals of proper nutrition.
16. Explain the current dietary guidelines for Americans.
17. Discuss hydration and how a nutrition assistant contributes to a resident’s hydration status.
18. Explain age-related changes that affect nutritional status.
19. Discuss modified diets.
20. Demonstrate proper documentation of oral intake.
21. **INSTRUCTOR’S EXPECTATION OF STUDENTS IN CLASS**
22. **TEXTBOOKS AND OTHER REQUIRED MATERIALS**
23. **REFERENCES**
24. **METHODS OF INSTRUCTION AND EVALUATION**
25. **ATTENDANCE REQUIREMENTS**
26. **COURSE OUTLINE**