**BARTON COUNTY COMMUNITY COLLEGE**

**COURSE SYLLABUS**

# I. GENERAL COURSE INFORMATION

Course Number: NURS 1206

Course Title: FUNDAMENTALS OF NURSING

Credit Hours: 5 (Theory: 3 cr hr = 37.5 contact hours & Clinical: 2 cr hr = 90 contact hours) Prerequisites: Admission to nursing program

Division/Discipline: Workforce Training and Community Education (WTCE)/Nursing

Course Description: This course provides an introduction to practical nursing and roles of the practical nurse as well as profession and client-related care concepts. Emphasis is placed on the knowledge and skills needed to provide safe, quality care. The theoretical foundation for conducting a focused assessment and nursing skills is presented and the student is given an opportunity to demonstrate these skills in a laboratory setting. An introduction to the nursing process provides the student with a framework for decision making.

**II. INSTRUCTOR INFORMATION**

# III. COLLEGE POLICIES

Students and faculty of Barton constitute a special community engaged in the process of education. The college assumes that its students and faculty will demonstrate a code of personal honor that is based upon courtesy, integrity, common sense and respect for others both within and outside the classroom.

Plagiarism on any academic endeavors at Barton Community College will not be tolerated. The student is responsible for learning the rules of, and avoid instances of, intentional or unintentional plagiarism. Information about academic integrity is located in the Student Handbook.

The College reserves the right to suspend a student for conduct that is detrimental to the College’s educational endeavors as outlined in the College Catalog, Student Handbook, and College Policy & Procedure Manual. [Most up-to-date documents are available on the College webpage.]

Any student seeking an accommodation under provisions of the Americans with Disabilities Act (ADA) is to notify Student Support Services via email at [disabilityservices@bartonccc.edu](mailto:disabilityservices@bartonccc.edu).

# IV. COURSE AS VIEWED IN THE TOTAL CURRICULUM

Fundamentals of Nursing is designed to fulfill the curriculum approved by the Kansas State Board of Nursing for Practical Nurse/Associate Degree completion. This course prepares the student to function at a beginning level in nursing and will provide a foundation for continued progression in the nursing program. Fundamentals of Nursing fulfills partial curriculum requirements towards the Practical Nurse (PN) certificate and the Associate Degree in Nursing (ADN).

The transferability of all courses will vary among institutions, and perhaps even among departments, colleges, or programs within an institution. Institutional requirements may also change without prior notification. Students are responsible to obtain relevant information from intended transfer institutions to insure that the courses the student enrolls in are the most appropriate set of courses for the transfer program.

**V. ASSESSMENT OF STUDENT LEARNING**

Barton County Community College is committed to the assessment of student learning and to quality education. Assessment activities provide a means to develop an understanding of how students learn, what they know, and what they can do with their knowledge. Results from these various activities guide Barton, as a learning college, in finding ways to improve student learning.

**PN Alignment Program Outcomes/Barton Student Learning Outcomes (SLO)**

1. Relationship-centered care: provide nursing care that is relationship-centered, caring, culturally sensitive and based on the physiological, psychosocial and spiritual needs of clients with commonly occurring health alterations that have predictable outcomes.
2. Teamwork and Collaboration: collaborate with the client and members of the inter-professional health care team to promote continuity of client care and shared decision-making.
3. Evidence based practice: use current evidence as a basis for nursing practice.
4. Informatics: use information and client care technology to support the delivery of safe, quality client care.
5. Quality Improvement: participate in quality improvement activities assessing their effect on client outcomes.
6. Safety: provide an environment that is safe and reduces risk of harm for clients, self, and others.
7. Professionalism: demonstrate accountability for client care that incorporates legal and ethical principles, regulatory guidelines, and standards of nursing practice.
8. Leadership: use leadership skills that support the provision and coordination of client care.

**Quality and Safety Education for Nurses Competencies (QSEN)**

1. Patient Centered Care: recognize the patient or designee as the source of control and full partner in providing compassionate and coordinated care based on respect for patient’s preferences, values and needs.
2. Team Work and Collaboration: function effectively within nursing and inter-professional teams, fostering open communication, mutual respect, and shared decision-making to achieve quality patient care.
3. Evidence-Based Practice (EBP): integrate best current evidence with clinical expertise and patient/family preferences and values for delivery of optimal health care.
4. Quality Improvement (QI): use data to monitor the outcomes of care processes and use improvement methods to design and test changes to continuously improve the quality and safety of health care systems.
5. Safety: minimize risk of harm to patients and providers through both system effectiveness and individual performance.
6. Informatics: use information and technology to communicate, manage knowledge, mitigate error, and support decision making.

Course Outcomes, Competencies, and Supplemental Competencies:

A. Discuss the role of the practical nurse and scope of practice related to established code of ethics,

nurse practice acts, and professional registrations/certifications. (SLO 1, 2, 7, 8; QSEN 1, 2)

1. Review the different educational paths to professional nursing and their implications for career

mobility and advancement.

2. Describe the various health care settings within which client care is delivered.

3. Outline the scope of practice of unlicensed personnel, licensed/vocational nurses, professional

nurses, and advanced practice nurses.

4. Review an established code of ethics and its role in guiding nursing practice and ethical

decision making.

5. Describe how legal, regulatory, and institution policies guide nursing practice

B. Describe concepts integral to the provision of safe, quality, relationship-centered care: nursing

process, advocacy, cultural sensitivity, and communication. (SLO 1, 3, 5, 6, 8; QSEN 1, 3, 4, 5)

1. Identify safety risks and environmental hazards and interventions to minimize those risks.

2. Describe the implementation of the National Patient Safety Goals to reduce injury to the client.

3. Explain the importance of information and technology skills to promote safe client care.

4. Identify essential information that must be available in a common database to support client care.

5. Describe client-centered care with respect for culture, preferences, values, and beliefs.

6. Identify principles of therapeutic communication.

7. Explain how evidence-based practice influences the choice of interventions in provision of

quality, patient-centered care.

8. Identify the role of the practical nurse in relation to client education.

9. Explore the leadership skills of organization, time management, and priority setting.

10. Describe the use of the nursing process as a tool for clinical decision-making and planning client

care.

C. Identify the nurse’s role in supporting the client’s physiological needs: rest and sleep, spiritual,

sensory perception, hygiene, activity and exercise, infection control, elimination, nutrition,

oxygenation, perfusion and comfort. (SLO 1, 3, 6; QSEN 1, 3, 5)

1. Describe factors that put a client at risk for alterations in basic physiological function.

2. Describe assessment findings related to basic physiological function.

3. Review nursing interventions that support basic physiological function.

D. Demonstrate competency in performing basic nursing skills using proper technique and

measures that ensure client safety in a laboratory setting. (SLO 1, 3, 4, 6, 7; QSEN 1, 3,4, 5, 6)

1. Implement standards of nursing care related to safe medication administration.

2. Implement standards of nursing care related to infection prevention.

3. Use standard precautions to prevent transmission of infection through blood and body fluids.

4. Perform sterile technique in selected basic nursing skills.

5. Perform a general health assessment of the client in a laboratory setting.

6. Perform documentation as it relates to assessment findings and basic nursing skills.

# VI. INSTRUCTOR’S EXPECTATIONS OF STUDENTS IN CLASS

# VII. TEXTBOOKS AND OTHER REQUIRED MATERIALS



# VIII. REFERENCES

# IX. METHODS OF INSTRUCTION AND EVALUATION

# X. ATTENDANCE REQUIREMENTS

**XI. COURSE OUTLINE**