**BARTON COMMUNITY COLLEGE**

**COURSE SYLLABUS**

1. **GENERAL COURSE INFORMATION**

Course Number: NURS 1208

Course Title: MENTAL HEALTH NURSING II

Credit Hours: 4 cr hr (Theory –2 cr hr = 25 contact hours & Clinical 2 cr hr = 90

Contact hours)

Prerequisites: LPN license, NURS 1257, NURS 1259, NURS 1264

Division/Discipline: Workforce Training and Community Education/ Nursing

Course Description: This course will cover topics related to the delivery of complex mental health care. Specific health needs of individuals, families, and groups will be addressed. Mental health concepts will concentrate on adaptive/maladaptive behaviors and specific mental health disorders. Community resources will be examined in relation to specific types of support offered to racial, ethnic, economically diverse individuals and groups. The core concepts of Caring, Communication, Critical Thinking, Professionalism, and Competence are integrated throughout the course.

1. **INSTRUCTOR INFORMATION**
2. **COLLEGE POLICIES**

Students and faculty of Barton Community College constitute a special community engaged in the process of education. The College assumes that its students and faculty will demonstrate a code of personal honor that is based upon courtesy, integrity, common sense, and respect for others both within and outside the classroom.

Plagiarism on any academic endeavors at Barton Community College will not be tolerated. The student is responsible for learning the rules of, and avoid instances of, intentional or unintentional plagiarism. Information about academic integrity is located in the Student Handbook.

The College reserves the right to suspend a student for conduct that is determined to be detrimental to the College's educational endeavors as outlined in the College Catalog, Student Handbook, and College Policy & Procedure Manual. [Most up-to-date documents are available on the College webpage.]

Any student seeking an accommodation under the provisions of the Americans with Disabilities Act (ADA) is to notify Student Support Services via email at [disabilityservices@bartonccc.edu](mailto:disabilityservices@bartonccc.edu).

1. **COURSE AS VIEWED IN THE TOTAL CURRICULUM**

Mental Health Nursing II is designed to partially fulfill the curriculum approved by the Kansas State Board of Nursing for the Associate Degree in Nursing completion. Credits are transferable for additional nursing education according to individual college and university guidelines.

1. **ASSESSMENT OF STUDENT LEARNING**

Barton Community College is committed to the assessment of student learning and to quality education. Assessment activities provide a means to develop an understanding of how students learn, what they know, and what they can do with their knowledge. Results from these various activities guide Barton, as a learning college, in finding ways to improve student learning.

**ADN Alignment Program Outcomes/Barton Student Learning Outcomes (SLO)**

1. Integrate caring behaviors in practicing the art and science of nursing within a diverse population.
2. Implement professional standards and scope of practice within legal, ethical, and regulatory frameworks.
3. Collaborate with clients and members of the interprofessional health care team to optimize client outcomes.
4. Formulate safe and effective clinical judgments guided by nursing process, clinical reasoning, and Evidence-Based Practice.
5. Manage care and provide leadership to meet client needs using available resources and current technology.
6. Generate teaching and learning processes to promote and maintain health and to reduce risks for a global population.
7. Demonstrate effective communication methods to manage client needs and to interact with other health care team members.

Course Outcomes and Competencies

1. Examine theoretical models and concepts that form the basis for mental health nursing. (SLO 1, 3, 7)
2. Discuss components of select developmental theories.
3. Apply concepts of developmental theories to client interaction.
4. Analyze legal and ethical issues relevant to mental health nursing. (SLO 2)
5. Demonstrate the use of an ethical decision making model.
6. Evaluate the legal rights of a client with mental illness.
7. Contrast voluntary admission and involuntary commitment of the mental health client.
8. Evaluate nursing liability when caring for the mental health client.
9. Explore psychological adaptation responses of human behavior. (SLO 1-7)
10. Review the four levels of anxiety
11. Discuss the five stages of grief according to Kübler-Ross
12. Compare and contrast adaptive and maladaptive use of defense mechanisms.
13. Apply concepts of psychological adaptation responses to client interaction.
14. Explore concepts of psychobiology. (SLO 3,7)
15. Describe the role of neurotransmitters in human behavior.
16. Examine pharmacological therapy utilized in selected mental health disorders.
17. Examine the constructs of a therapeutic nurse-client relationship. (SLO 1,3,7)
18. Identify goal of nurse-client relationship.
19. Discuss essential elements required for the development of a therapeutic relationship.
20. Evaluate the phases of a therapeutic nurse-client relationship.
21. Explore the boundaries of the nurse-client relationship.
22. Evaluate communication techniques with the mental health client. (SLO 1,4,7)
23. Identify preexisting conditions which may influence the outcome of communication.
24. Compare components of verbal and nonverbal communication.
25. Compare therapeutic and non-therapeutic communication techniques.
26. Integrate therapeutic communication techniques with care of the mental health client.
27. Examine the role of a therapeutic environment in the care of the mental health client. (SLO 1,3,4,7)
    1. Identify the functions of a group.
    2. Discuss roles of members within a group.
    3. Analyze Skinner’s Basic Assumptions of therapeutic community.
    4. Describe roles of the interdisciplinary team.
    5. Integrate the theory of therapeutic environment with nursing care of the mental health client.
28. Evaluate the standards of nursing care for clients with substance abuse disorders, addictive disorders and eating disorders. (SLO 1-7)
    1. Identify predisposing factors associated with substance abuse, addictive and eating disorders.
    2. Examine the etiology and clinical manifestations of clients with substance abuse, addictive and eating disorders.
    3. Analyze collaborative and nursing management of clients with substance abuse, addictive and eating disorders.
    4. Discuss the role of family on clients with substance abuse, addictive and eating disorders.
    5. Analyze teaching/learning topics to promote self-care for clients with substance abuse, addictive and eating disorders.
29. Evaluate the standards of nursing care for clients who have been abused and/or neglected. (SLO 1-7)
    1. Explore statistics and prevalence of abuse.
    2. Discuss characteristics commonly attributed to victims.
    3. Discuss characteristics of victimizers and predisposing factors.
    4. Review physical and psychological effects of abuse on survivors.
    5. Integrate theory and practice in the collaborative care and nursing management of clients who have been abused and /or neglected.
    6. Analyze teaching/learning topics to promote self-care for clients who have been abused and/or neglected.
30. Evaluate the standards of nursing care for clients with personality disorders. (SLO 1-7)
    1. Define personality.
    2. Analyze etiology and clinical manifestations of personality disorders.
    3. Integrate theory and practice in the collaborative care and nursing management of clients with personality disorders.
    4. Describe various treatment modalities for clients with personality disorders.
    5. Analyze teaching/learning topics to promote self-care for clients with personality disorders.
31. Evaluate the standards of nursing care as it relates to a client’s sexuality. (SLO1-7)
    1. Discuss various types of paraphilic and sexual dysfunction disorders and gender dysphoria.
    2. Integrate theory and practice in the collaborative care and nursing management of clients with paraphilic disorders, sexual dysfunction and gender dysphoria.
    3. Describe various treatment modalities for clients with sexual disorders.
    4. Discuss variations in sexual orientation.
    5. Analyze teaching/learning topics to promote self-care for clients as it relates to sexuality.
32. Evaluate the standards of nursing care for clients with schizophrenic and other psychotic disorders. (SLO 1-7)
    1. Identify predisposing factors associated with schizophrenia and other psychotic disorders.
    2. Examine the etiology and clinical manifestations of clients with schizophrenia and other psychotic disorders.
    3. Analyze collaborative and nursing management of clients with schizophrenia and other psychotic disorders.
    4. Evaluate pharmacological treatment options for clients with schizophrenia and other psychotic disorders.
    5. Analyze teaching/learning topics to promote self-care for clients with schizophrenia and other psychotic disorders.
33. Evaluate the standards of nursing care for clients with depressive disorders. (SLO 1-7)
    1. Describe types of depressive disorders.
    2. Analyze etiology and clinical manifestations of depressive disorders.
    3. Integrate theory and practice in the collaborative care and nursing management of clients with depressive disorders.
    4. Describe various treatment modalities for clients with depressive disorders.
    5. Analyze teaching/learning topics to promote self-care for clients with depressive disorders.
34. Evaluate the standards of nursing care for clients with bipolar disorders. (SLO1-7)
    1. Describe types of bipolar disorders.
    2. Analyze etiology and clinical manifestations of bipolar disorders.
    3. Integrate theory and practice in the collaborative care and nursing management of clients with bipolar disorders.
    4. Describe various treatment modalities for clients with bipolar disorders.
    5. Analyze teaching/learning topics to promote self-care for clients with bipolar disorders.
35. Evaluate the standards of nursing care for clients with anxiety disorders. (SLO 1-7)
    1. Describe types of anxiety disorders.
    2. Analyze etiology and clinical manifestations of anxiety disorders.
    3. Integrate theory and practice in the collaborative care and nursing management of clients with anxiety disorders.
    4. Describe various treatment modalities for clients with anxiety disorders.
    5. Analyze teaching/learning topics to promote self-care for clients with anxiety disorders.
36. Evaluate the standards of nursing care for clients with post-traumatic stress disorder. (SLO 1-7)
    1. Analyze etiology and clinical manifestations of post-traumatic stress disorder.
    2. Integrate theory and practice in the collaborative care and nursing management of clients with post-traumatic stress disorder.
    3. Describe various treatment modalities for clients with post-traumatic stress disorder.
    4. Analyze teaching/learning topics to promote self-care for clients with post-traumatic stress disorder.
37. Evaluate the standards of nursing care for the mental health client diagnosed with a childhood mental health disorder. (SLO 1-7)
    1. Identify psychiatric disorders with the most common onset in infancy, childhood, or adolescence.
    2. Discuss predisposing factors of select childhood mental health disorders.
    3. Identify symptoms and behaviors common to select childhood mental health disorders.
    4. Identify nursing diagnosis and appropriate nursing interventions for select childhood mental health disorders.
    5. Discuss general therapeutic approaches to select childhood mental health disorders.
    6. Integrate theory and practice in the collaborative care and nursing management of clients with mental health disorders diagnosed in infancy, childhood, or adolescence.
    7. Analyze teaching/learning topics to promote self-care for clients with childhood mental health disorders.
38. Exhibit understanding of the Barton Nursing Program philosophy and incorporate behaviors consistent with the professional nurse at the novice level. (SLO 1-7)
39. Demonstrate caring behaviors and attitudes with respect to a diverse community including clients and family, peers, faculty, and the healthcare team.
40. Demonstrate therapeutic and professional communication in all interactions
41. Demonstrate critical thinking through the use of the nursing process to make safe and effective clinical judgments incorporating evidence-based practice
42. Demonstrate personal accountability and adherence to professional, ethical, and legal standards of the professional nurse.
43. Demonstrate competence through application of knowledge and skills.
44. **INSTRUCTOR’S EXPECTATIONS OF STUDENTS IN CLASS**
45. **TEXTBOOKS AND OTHER REQUIRED MATERIALS**
46. **REFERENCES**
47. **METHODS OF INSTRUCTION AND EVALUATION**
48. **ATTENDANCE REQUIREMENTS**
49. **COURSE OUTLINE**